



Fitzmaurice Primary School Autumn Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 02/11/09,23/11/09 14/12/09,18/01/10 08/02/10,08/03/10	Baked Sausages with Gravy Macaroni Cheese Mashed Potato Reduced Sugar & Salt Baked Beans & Green Beans Apple & Blackberry Crumble & Custard	Beef Lasagne Pizza Garlic Bread & Jacket Wedges Mixed Salad Chocolate Mousse	Roast Chicken Fillet & Gravy Southern Style Quorn Dippers Roast Potatoes Peas & Carrots Strawberry Icecream Roll	Freshly Made Beef Burger Quorn Moussaka Jacket Wedges Broccoli & Sweetcorn Sticky Toffee Pudding & Custard	Cod & Salmon Grill Cheese & Onion Quiche Chips Peas & Reduced Sugar & Salt Baked Beans Golden Crispie Cake
Week 2 09/11/09,30/11/09 04/01/10,25/01/10 22/02/10,15/03/10	Shepherds Pie Cauliflower Cheese Baked ½ Jacket Potato Peas & Carrots Chocolate Sponge & Chocolate Custard	Pork Meatballs with Tomato & Basil Sauce Vegetable Sausage Casserole Jacket Wedges Savoy Cabbage & Sweetcorn Strawberry Delight	Roast Pork Loin & Gravy Oven Baked Pasta Neapolitana Roast Potatoes Broccoli & Swede Orange Jelly	Mild Beef Chilli Vegetable Chilli Boiled Rice Mixed Salad Lemon Curd Sponge with Lemon Sauce	MSC Fish Fingers Harvest Vegetable Pie Chips Reduced Sugar & Salt Baked Beans & Peas Welsh Biscuits
Week 3 16/11/09,07/12/09 11/01/10,01/02/10 01/03/10,22/03/10	Lamb Bolognese Cauliflower & Broccoli Cheese Pasta Shells Green Beans & Sweetcorn Jam Tart with Custard	Beef Enchilada Vegetable Enchilada Jacket Wedges Mixed Salad Apple Pie with Custard	Roast Turkey Vegetable Lasagne Roast Potatoes Savoy Cabbage & Diced Swede Strawberry Jelly	Chicken Korma Quorn Balls with Tomato Sauce Boiled Rice Broccoli Florets & Sweetcorn Syrup Pudding and Custard	MSC Breaded Fish Tomato & Cheese Pizza Chips Baked Beans & Peas Fruity Flapjack

Freshly Baked Bread, Salad Crudités, Fresh Fruit and Yoghurts are served daily